




MIDDLE SCHOOL **Sports Program**

In partnership with  **SPORT**
E SALUTE

The Middle School Sports Program emphasises sportsmanship, team spirit, fairness, and respect. As part of their regular academic schedule all MS students participate in the MS Sports Program.

The purpose is to provide fun, safe and structured play experiences that promote the physical, mental and social development of every MS student. Our aim is to provide opportunities for every individual, regardless of ability, to participate in a sport activity that will develop skill and interest in a friendly, recreation-centered environment.

Goals and Objectives

- Provide an opportunity to develop motor skills that will be beneficial throughout life.
- Provide a meaningful, purposeful experience for every student regardless of ability, inability or disability.
- Provide an opportunity to improve health through exercise.
- Provide character-building growth and development opportunities through active recreation and structured classroom instruction.
- Provide experiences that assist in the construction of a positive self-esteem.
- Provide a clean and safe atmosphere.
- Provide an opportunity to develop sportsmanship and honesty regarding rules, officials and opponents.
- Provide activities that promote lifelong wellness.
- Have fun!

TENNIS

Two qualified FIT coaches and one athletic instructor will concentrate on improving students' tennis skills at the Foro Italico where the Italian Open take place. There will be two groups based on athletic ability and previous knowledge of the game. A total of twenty students may participate in tennis at one time.



VOLLEYBALL

A qualified coaches will concentrate on developing technical and tactical skills and fundamentals of volleyball. A total of eighteen students may participate in volleyball at one time.





SWIMMING

Two FIN qualified coaches will concentrate on improving students' swimming skills at the Foro Italico. There will be up to four groups based on athletic ability and previous knowledge of the sport. A total of twenty students may participate in swimming at one time.



BASKETBALL

A qualified coach will concentrate on developing technical and tactical skills and fundamentals of basketball. A total of eighteen students may participate in basketball at one time.



ATHLETICS

Two qualified FIDAL instructors will concentrate on improving students' athletic skills in various athletics events at the iconic Stadio dei Marmi.

A total of thirty athletes may participate in athletics at one time.



SOCCER

Using our FIFA soccer field at Marymount, a qualified experienced coach will work on developing your technical and tactical skills and fundamentals of soccer. A total of twenty-four students may participate in soccer at one time.





MARYMOUNT

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